

# Pakistan and Role of HANDS to meet Development Challenges

43 years in  
Community Service

**Head Office:**

Plot # 158, Off M-9 (Karachi-Hyderabad)  
Motorway, Gadap Road, adjacent  
Baqai University, Karachi.

☎ (0092-21) 32120400, UAN: (0092-21) 111-666-333,

✉ [info@hands.org.pk](mailto:info@hands.org.pk), [www.hands.org.pk](http://www.hands.org.pk)



**TOGETHER  
WE CAN**

# Pakistan

and Its Development Challenges

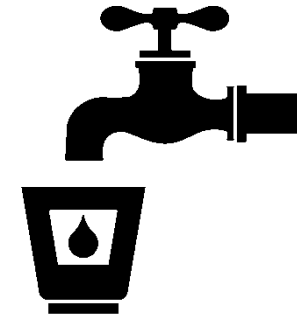
Out of **230**  
Million Population of  
Pakistan

**01 Mother**  
die every 20  
minute  
**44% children**  
stunted



**55 Million**  
Living Below  
Poverty Line

**22.6 Million**  
Out of  
school  
children



**21 Million**  
Without access  
to clean water  
**79 Million lack**  
Toilet facilities

**9 Million**  
Families do not  
have appropriate  
shelter



# **Our Vision**

**Quality of Life for all  
in an Equitable, Humane, Peaceful and  
Sustainable World.**

# HANDS Services



**Health**



**Livelihood**



**Education**



**Water &  
Sanitation**

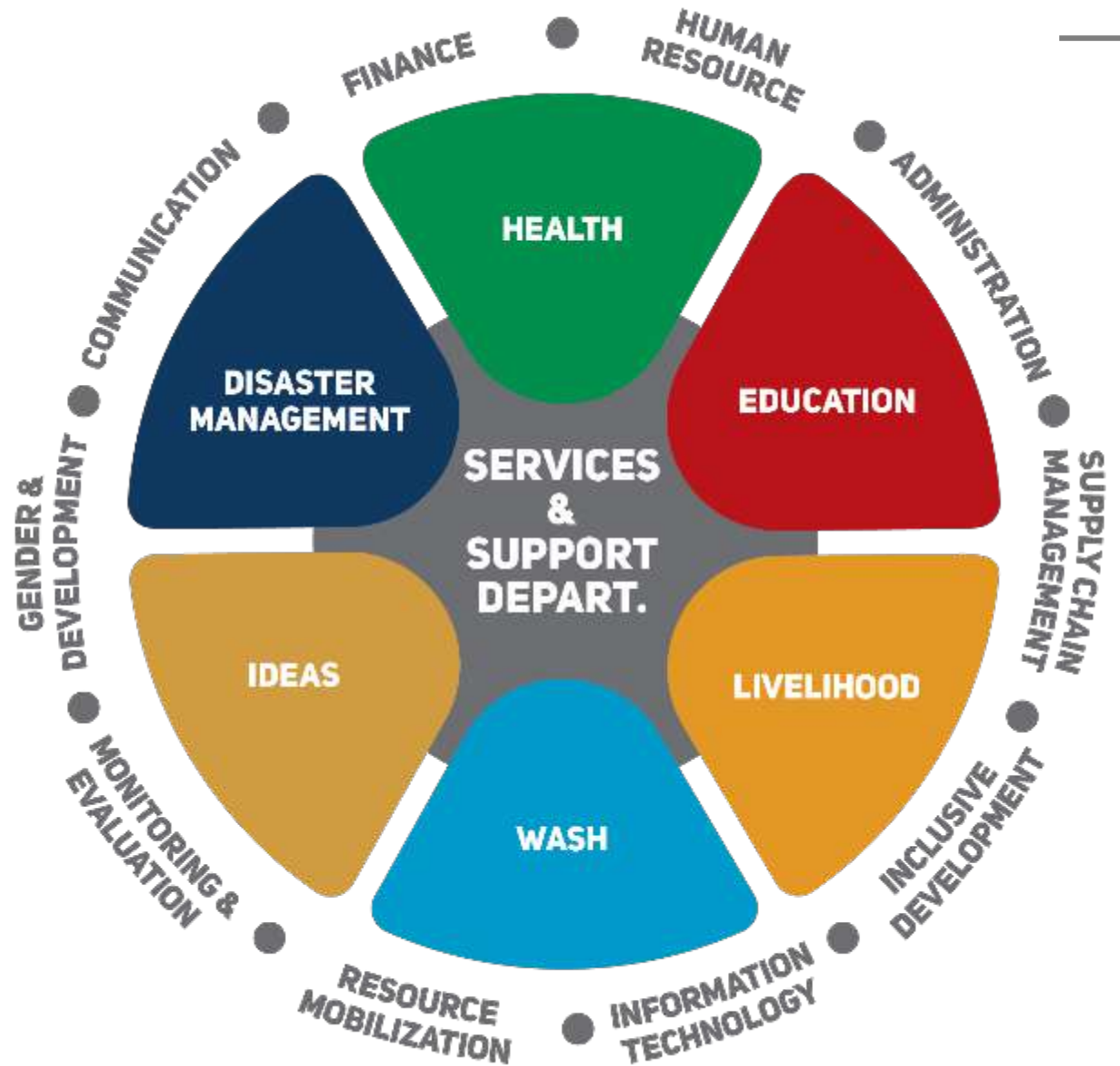


**Infrastructure and  
Alternate Energy**

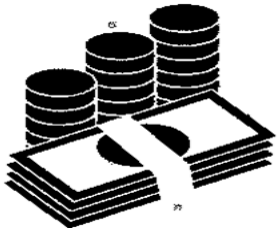


**Disaster  
Management**

# HANDS Services and Support Departments



# Highlights of 2021-22



**4,239** Million PKR.  
Annual Services



**32** Branches /  
District Offices



**7.4** Million direct  
Beneficiaries



**93**  
Projects



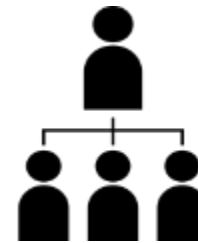
**>34** Million  
Population reached



**24,783**  
Villages / Urban  
Settlements

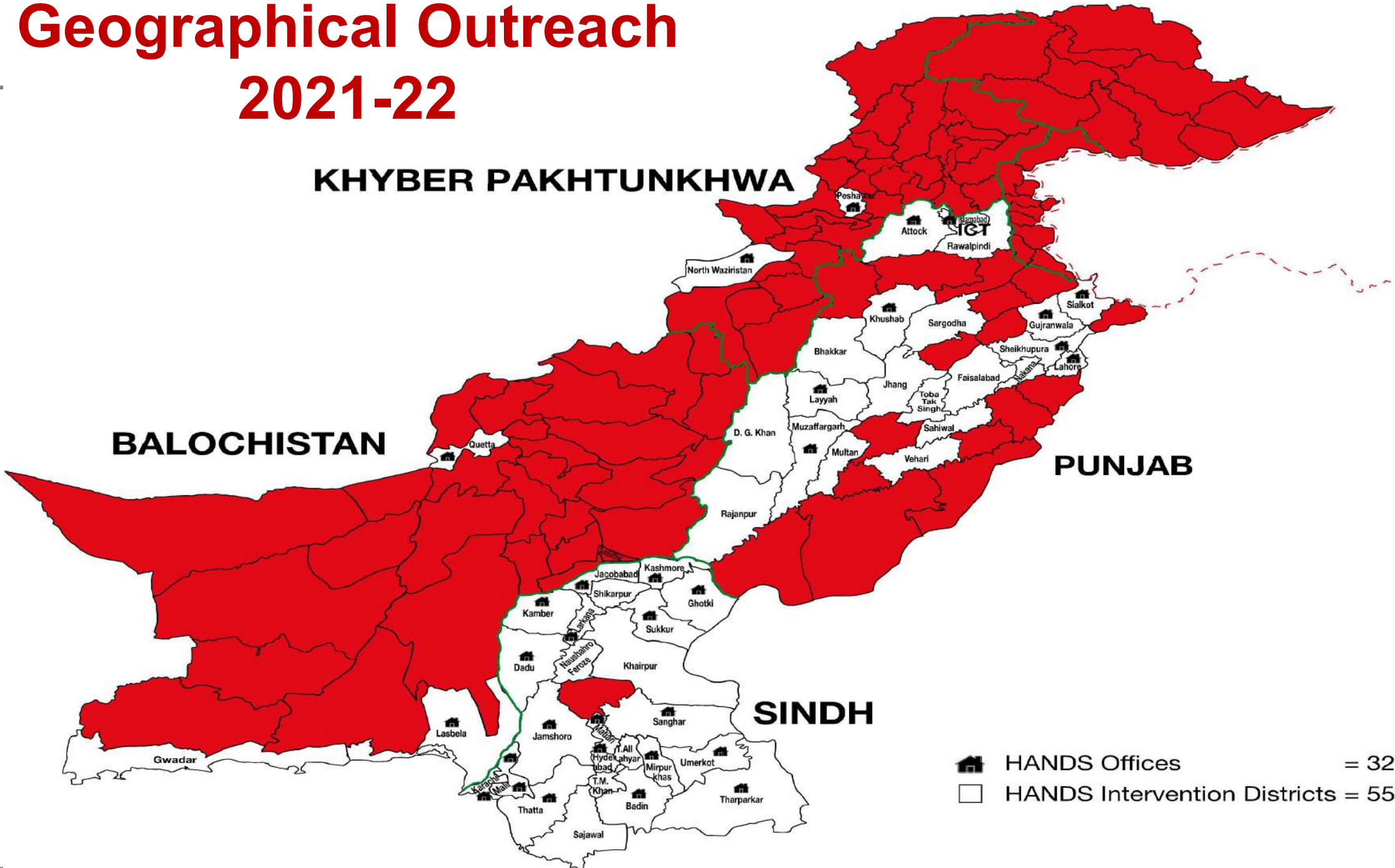


**55** Intervened  
Districts



**11,189**  
Work Force

# Geographical Outreach 2021-22



# Health Services





# Health Services 2021-22

## Facility based Services

45

Health  
Facilities



0.71 Million

Beneficiaries

627

Health Care  
Providers



3,180

Marvi / Noor  
Centers



1.60 Million

Beneficiaries

3,180

Marvi / Noor  
Workers



# Facility Based Health Services



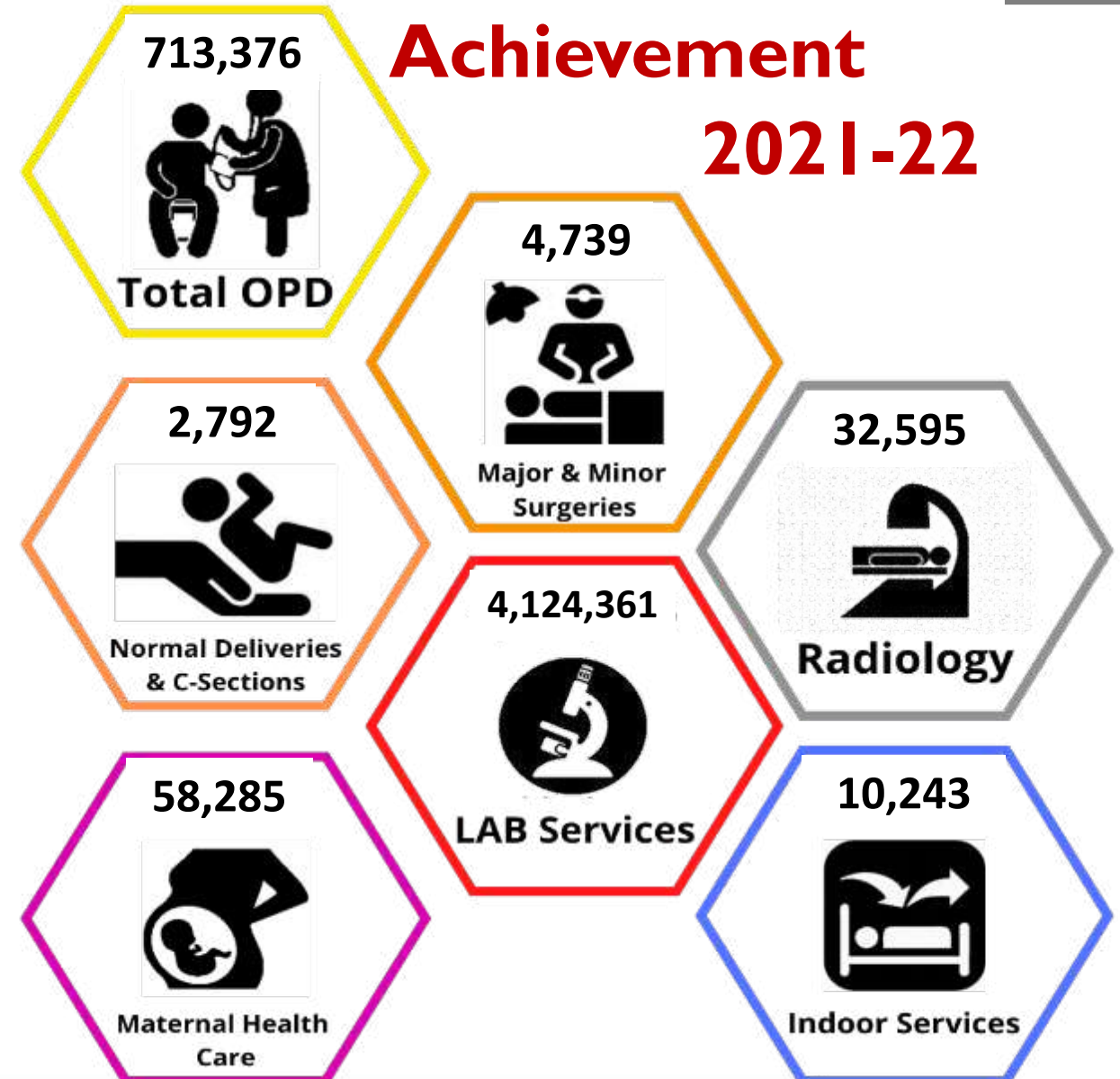
## Health Facilities (Free of Cost Services)

HANDS is managing **45** facilities both in Public-Private and Private-Private Partnerships



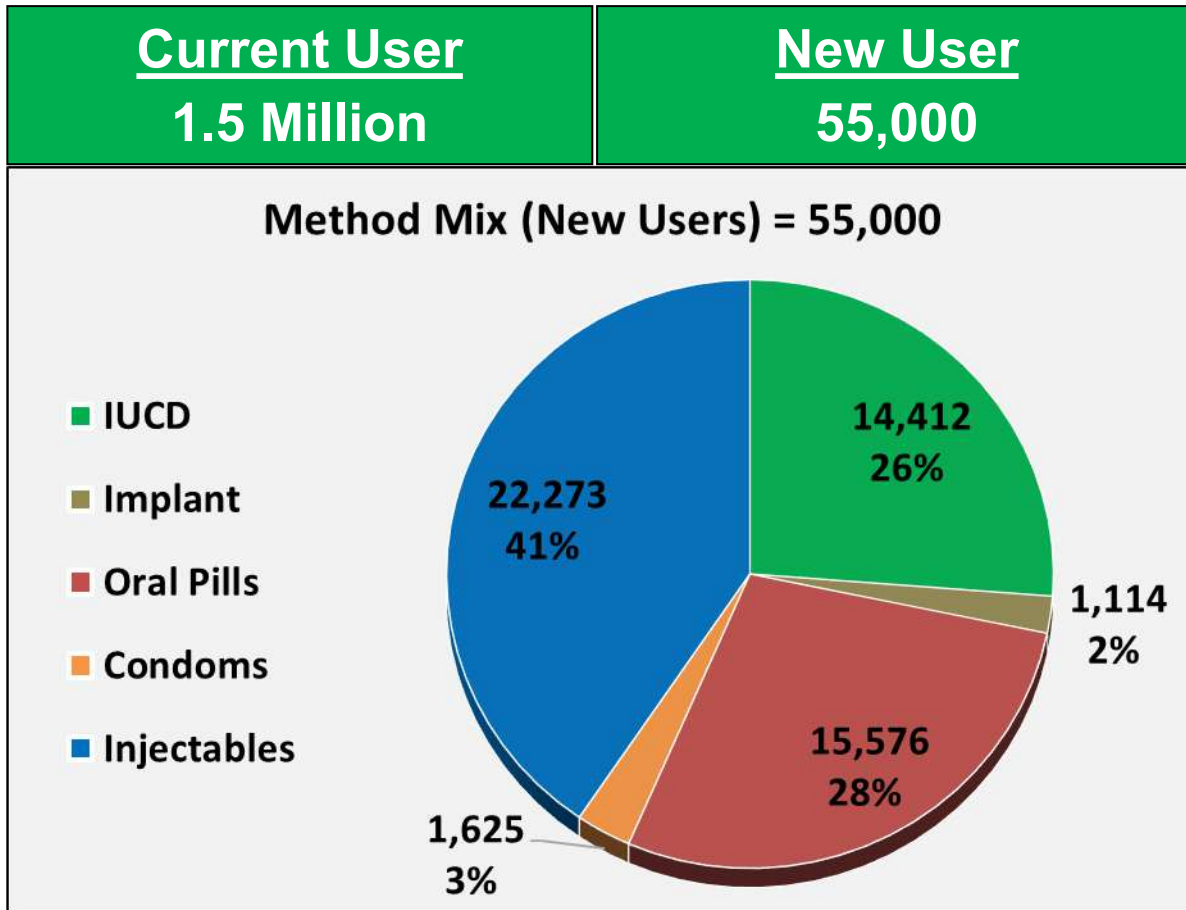
## Achievement

2021-22



# Family Planning Services 2021-22

## Health Impact by providing Family Planning Services



**53%** [HANDS Contraceptive Prevalence Rate \(CPR\)](#)

## MSI Health Impact Calculator



**46** – Maternal Mortalities Averted



**38,768** – Abortion Averted



**63,762** – Unwanted Pregnancies Averted



**22,372** – Unsafe Abortion Averted



**17,861** – Births Averted



**41,391** – Disability adjusted life years (DALYs) Averted

# Community Midwifery School 2021-22



## 2 Batches

- 25 - (Batch 13) 2020-22  
25 out of 28 students passed first year exam
- 27 - (Batch 14) 2021-23  
27 students waiting for first year exam
- 52 = No of Students
- 280 = Theory Classes
- 134 = Clinical Classes



## Curriculum Activities



- 16 = Events
- 986 = Participants



## Event Celebrated

## Awareness Session

Upto date Graduated = 545



- 32 = Sessions
- 1,012 = Participants



## Clinical services



- 1,960 - Antenatal Examination
- 807 - Normal Vaginal Delivery
- 338 - Normal Delivery Supervision
- 1,204 - Postnatal Examination
- 1,264 - Counsel Family Planning
- 1,204 - Newborn Examination
- 1,800 - Intra Venus Injection
- 2,690 - Intramuscular Injection
- 530 - Catheterization services



# Aasan Sehat 2021-22

## Healthcare Providers & Nursing Staff = 113

• General Physicians

40



• Consultants & Sonologists

58



• Nursing Staff

15



## Out-Patients (Online) = 710



211



433



66



## Home Nursing Services



85



## Lab Services



215





# Education And Literacy Services



# Education and Literacy Program

**Schools**



**Students**



**Teachers**



**2010-22 (Up to Date)**

**>7,000**

**>600,000**

**>45,000**

**2021-22**

**1,436**

**191,029**

**5,827**





# Adult Literacy Centers

Up to date



Classes



Learners



Teachers



# Early Childhood Development

Up to date



Classes



Students



Teachers

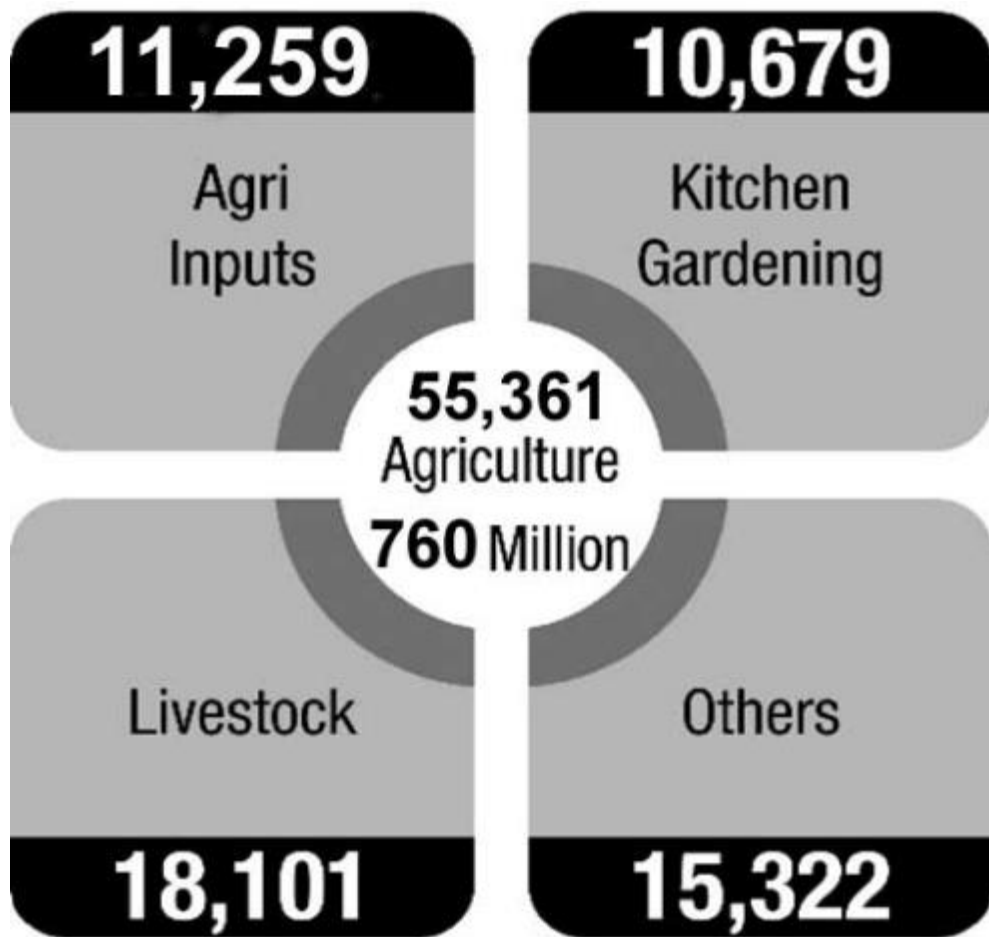


# Livelihood Enhancement Services

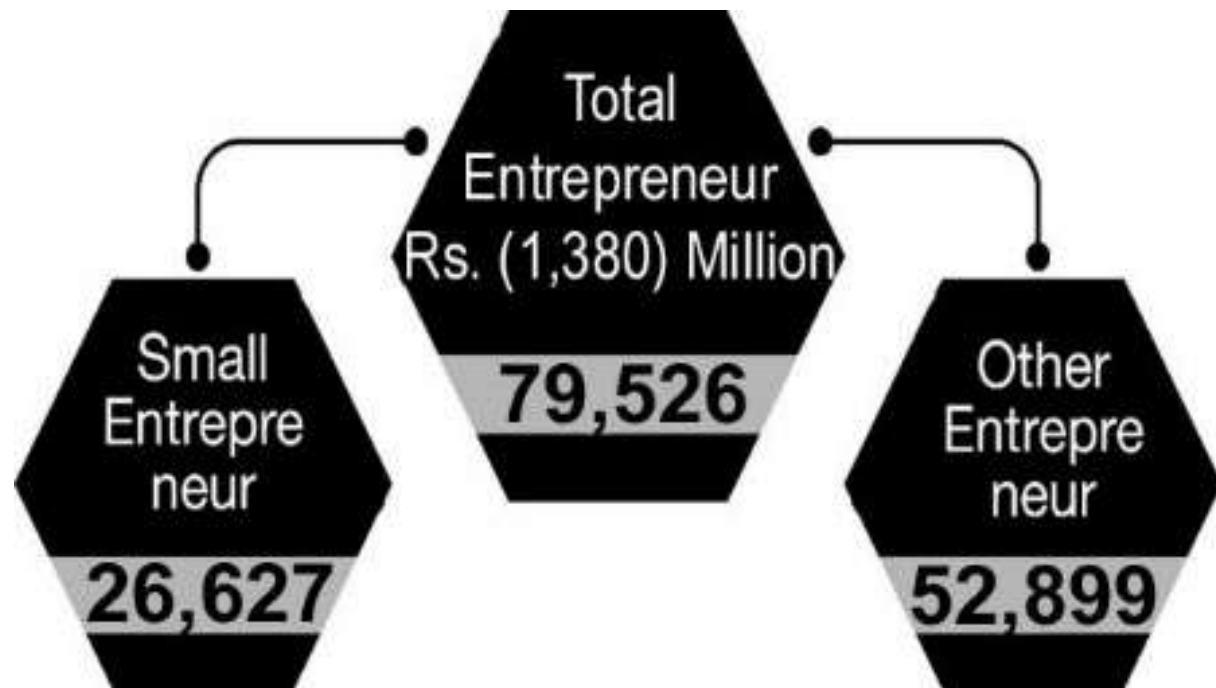


# Livelihood Enhancement Department (Up to Date)

## Agriculture



## Non-Agriculture



# Interest Free Loan Schemes (IFLS)

## PPAF + HANDS

2021-22

Borrowers		
HANDS	PPAF	Total
5,590	2,215	7,805

Amount in Million		
HANDS	PPAF	Total
130.5	72.7	203.2



**Borrowers**



**Amount  
Disbursed in  
Rs. (Million)**

*Average Borrower Loan : 26,000*

Up to date Status

Borrowers		
HANDS	PPAF	Total
11,948	19,571	31,069

Amount in Million		
HANDS	PPAF	Total
297.3	448.5	745.8



**Borrowers**



**Amount  
Disbursed in  
Rs. (Million)**

*Average Borrower Loan : 24,000*



Cash For Work (Mirpurkhas)



Agri-Input(Badin)



PPAF Interest-Free Loan (Lasbella)



HANDS Interest-Free Loan (Thatta)

# Water, Sanitation, and Hygiene Services



# WASH Services (Up to Date)

Water and Sanitation Schemes = **85,981**

Open Defecation Free (ODF)

**46,817**



Latrine/ Drainage Schemes

**36,601**



Water facilities

**5,380**



ODF Certified villages

**201**



Development of Wetlands

**2,271**



Handwashing Stations

**91**



Installation of Water Filter Plant

# RO Plant Drinking Water 2021-22

10



Districts

13



RO Plants

710,343



# of Users

14.3 Million



Liters - Water Consumption

Average 19.6 Liter Water Per User







# Infrastructure Development Alternate Energy and Shelter Services



# Infrastructure Development 2021-22

**Total Investment of  
Shelters PKR 3.36 Billion**

**164**  
Shelters Constructed  
(2021-22)

**88,431**  
Shelters Constructed  
(Up to date)



**SUJAWAL, SINDH**  
MODEL VILLAGE

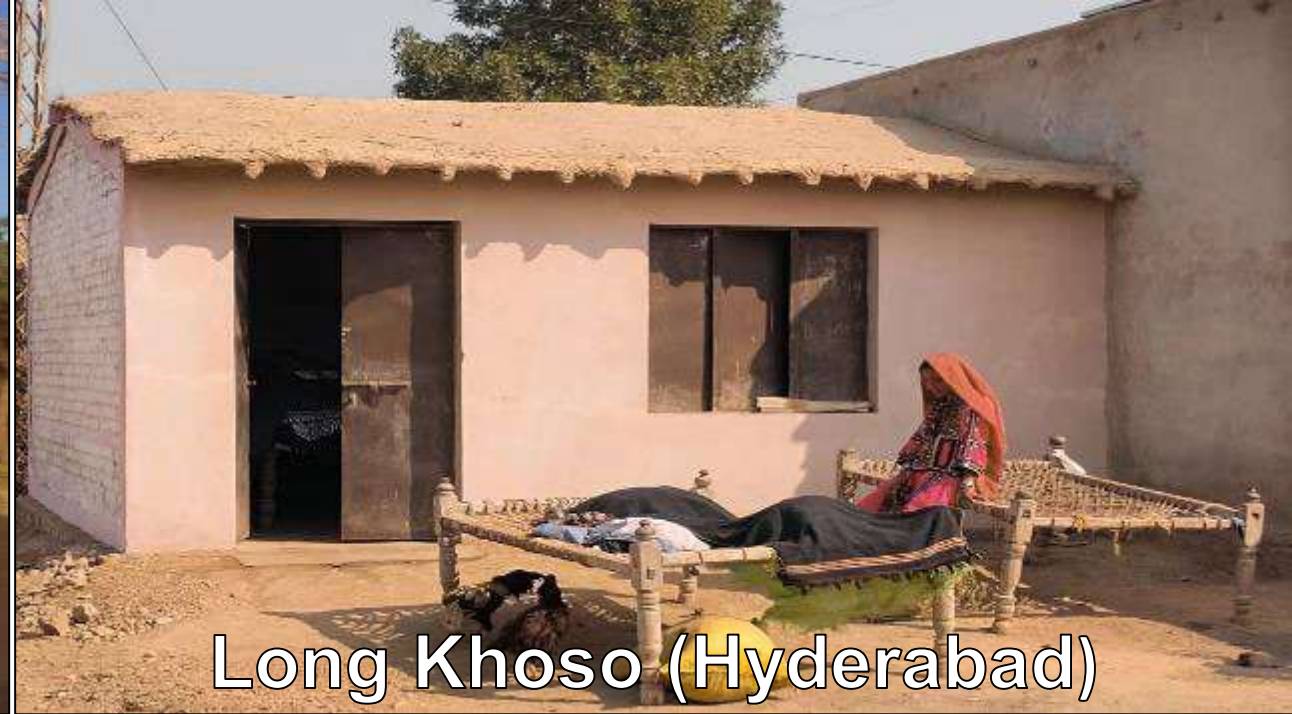


**LAYYAH, PUNJAB**

SHELTERS



BHC (Mirpurkhas)



Long Khoso (Hyderabad)



Amna Ghany (Karachi Rural)



Inclusive Development (Muzaffargarh)

# Community Physical Infrastructure (CPI) Schemes

## Up to Date



# Alternate Energy Schemes

## Up to Date

95,774



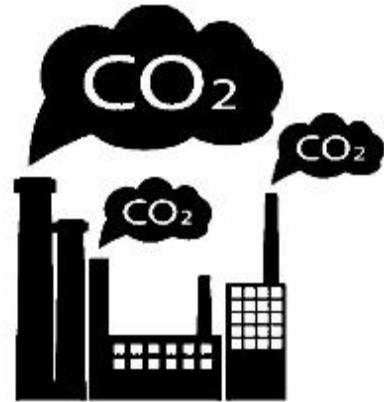
Solar Lights

2,109



Solar System/  
Street Lights

64,938



Reduction of CO2  
Emissions

# Inclusive Development & Disaster Management



# Disaster Management Services

Responded to 39 Major Disasters  
(Since 2005)



05

Earthquake Response



06

Rain Emergency



03

Drought Emergency



10

Flood Emergency



08

Heatwaves



01

Support to Syrian Refugees



01

Bomb Blast Emergency



01

North Waziristan Emergency



01

Fire Response



01

Cyclone



01

Snowfall Emergency



01

Covid-19 Response





# Disaster Relief, Recovery and Rehabilitation

December 31, 2022

(Achieved and in process) – July 25 Onward

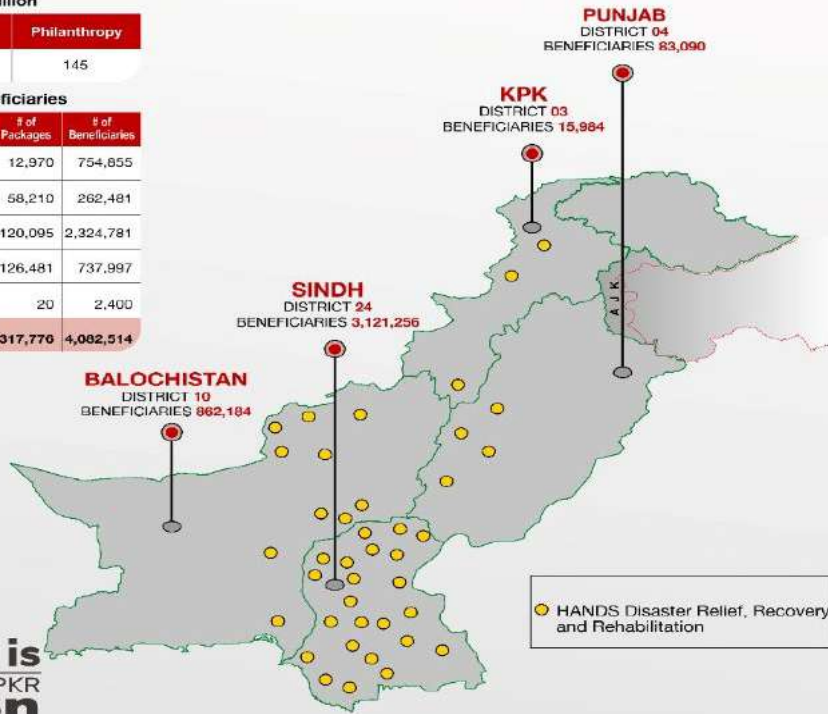
HANDS Response in **41** districts with **PKR 3.1 Billion** for 317,776 Relief, Recovery and Rehabilitation Packages with 04 Million beneficiaries

### Grants PKR in Million

Development Partners	CSR	Philanthropy
2,551	366	145

### Packages Unit/Beneficiaries

Sector	# of Packages	# of Beneficiaries
Health and Nutrition	12,970	754,855
Shelter/NFIs	58,210	262,481
Water Sanitation and Hygiene	120,095	2,324,781
Food Security and Livelihood	126,481	737,997
Education & Literacy	20	2,400
<b>Total</b>	<b>317,776</b>	<b>4,002,514</b>



**6** Our Target is **PKR 3.1 Billion**  
Achieved **51%**

### SUPPORT US

Account title: Health And Nutrition Development Society (HANDS)

#### For Zakat

Bank Name: **HABIB BANK LIMITED** | Bank Name: **Bank Islami**  
Account Number: **00380070539503** | Account Number: **111100073900201**

#### For General Donations

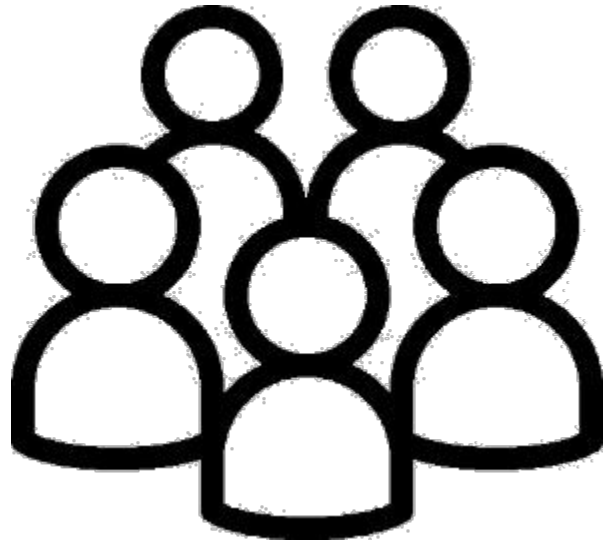
Bank Name: **HABIB BANK LIMITED** | Bank Name: **Bank Islami**  
Account Number: **00380061386503** | Account Number: **111100073900202**

### Our Partners



# Community Based Organization (Up to Date)

**7,570**



**Community Based  
Organizations (CBOs)**

**60,894**



**Community  
Groups**

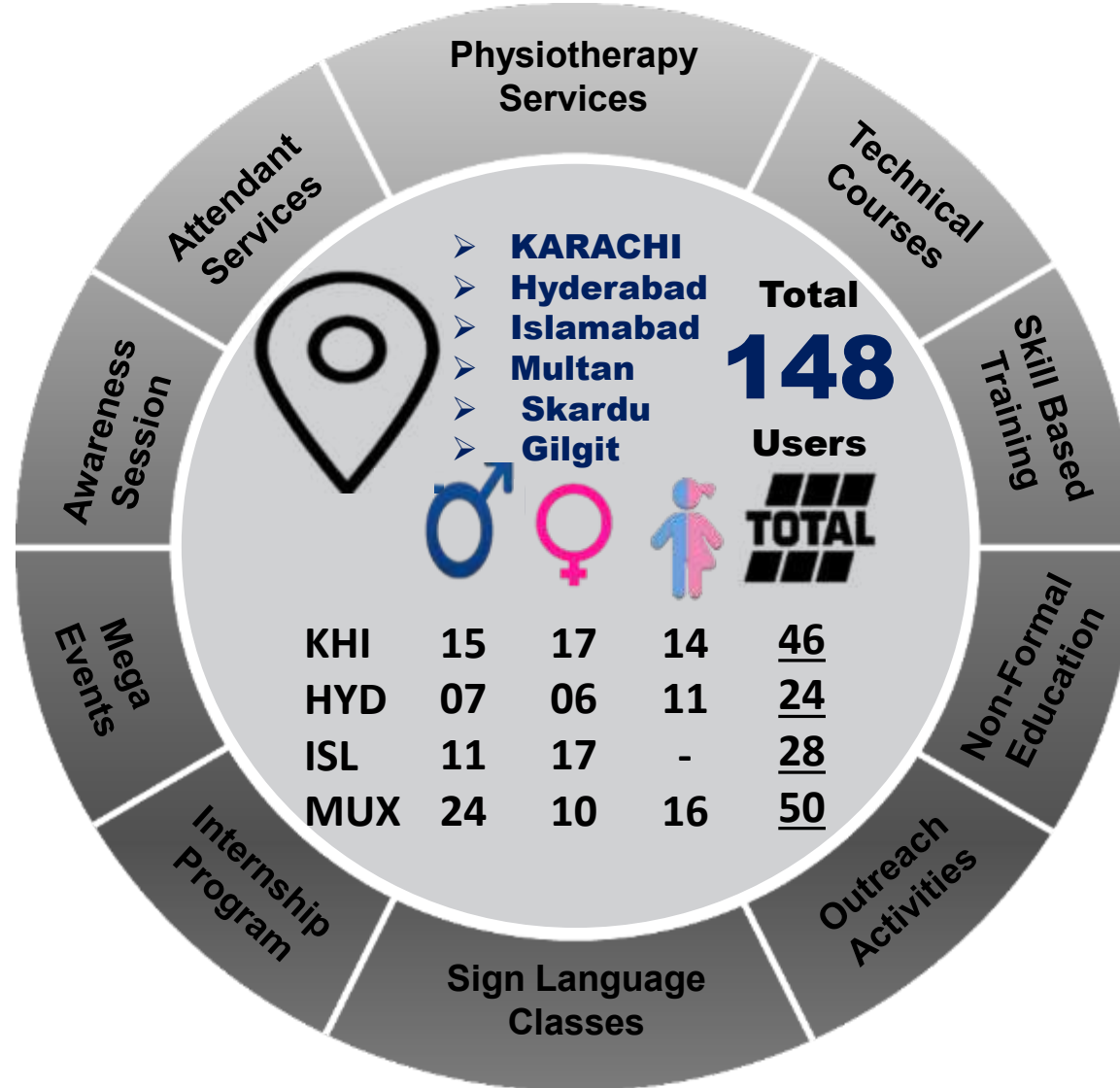
# 06 Model Independent Living Centers 2021-22



Hyderabad



Karachi



Islamabad



Multan

# **Community-Based Inclusive Development Network (CBID-N) & Independent Living Centers (ILC) Network for the Inclusion of Persons with Disabilities**



**CBID-N Secretariat  
Islamabad**



**HANDS ILC Karachi  
HANDS ILC Hyderabad  
HANDS ILC Multan  
HANDS ILC Islamabad  
HANDS ILC Skardu**

**CBID Network is comprised of more than 20 Organizations working for Persons with Disabilities. CBID did continuous consultations and advocacy with the parliamentarians and policymakers for legislation with remarkable landmarks achieved as below and the establishment of Six HANDS ILCs;**

- HANDS Pakistan Introduced the “Sindh Empowerment of Persons with Disabilities Act in 2018 in the Sindh Assembly” and successfully passed in 2018**
- Department for the Persons with disabilities has been established by Govt. of Sindh since 2019**
- Sindh Persons with Disabilities Protection Authority and Provincial Advisory Council for Empowerment of Persons with Disabilities has been established since 2019**
- The Baluchistan Persons with Disabilities Act 2017 having been passed by the Provincial Assembly of Baluchistan on 20th May,2017**
- Federal Disability Bill re-introduced on 16th January, 2018 in National Assembly**

# **Community Based Inclusive Development Network (CBID-N) & HANDS Independent Living Centers (ILC) for Inclusion of Persons with Disabilities**

- **ICT Disability Bill has passed by the National Assembly on January 10, 2020.**
- **The Bill of Reserves Seats for persons with disabilities has passed from Standing Committee.**
- **Inclusion of Washington Group of Questionnaire (WGQ) for 7<sup>th</sup> National Population Census of Pakistan 2022**
- **PSLM 2019 has included National Disability Survey Module**
- **Training on the understanding of disability, development & Washington group of questionnaires for the Master's Trainer/Surveyors for PSLM Survey (PSLM -2019-2020) at the provincial Level.**
- **Accessible Parliament House, CM Sindh House, and British Council with other partners**
- **Model Accessible Village for Persons with disabilities at Jhandiwali, South Punjab**
- **Punjab "Empowerment of Persons with Disabilities Bill 2021" passed on November 2022.**

**HANDS**

**Institute of  
Development  
Studies**



# HANDS Institute of Development Studies (IDS)

**Degree Awarding Institute - HEC Recognised - Sindh Assembly Charter by Jan. 2022**

- **BBA Degree in Business Administration,**
- **BS Degree in Development Studies**
- **BS Degree in Nursing.**

<b>Activity Targets 2023 -2024</b>	<b>Number</b>
Chartered by Sindh Assembly & HEC Recognition	<b>By June 2023</b>
Faculty Staff	<b>53</b>
Business Administration (BBA) Students	<b>25</b>
Development Studies	<b>25</b>
Nursing Students	<b>25</b>

# Major Donor of the year 2021-22



**USAID**  
FROM THE AMERICAN PEOPLE

BILL & MELINDA  
GATES foundation





# Development Partners 2021-22



Leading in  
disability inclusive  
development



Sindh Education Foundation  
Government of Sindh



**CSR / Philanthropists > 500**

# Corporate Social Responsibility (CSR-2021-22)



**Thank**

**You**

